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# VALENTINE'S DAY ACTIVITY CHALLENGE

## Did You Know?

Valentine's Day is named after Saint Valentine of Rome, who in the 3rd century was imprisoned and then executed for helping the Christians. Christians were hated by the Romans as they refused to worship the Roman gods.

By the 18th Century special greeting cards called Valentines were given to a loved one.

In the last years of the 18th century printers realised that producing Valentine's cards was a good way of making money. These cards often had real lace and ribbons on them as well as words of love.

## How Did It Become A Day Of Love?

In the Middle Ages the day became linked to courtly love, helped by the fact that at this time of year, male birds try to attract a female with special calls and even dances. On this day people in the Middle Ages might enjoy jousting, dancing, feasts and romantic poetry.

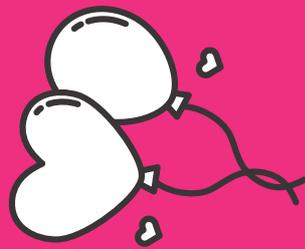
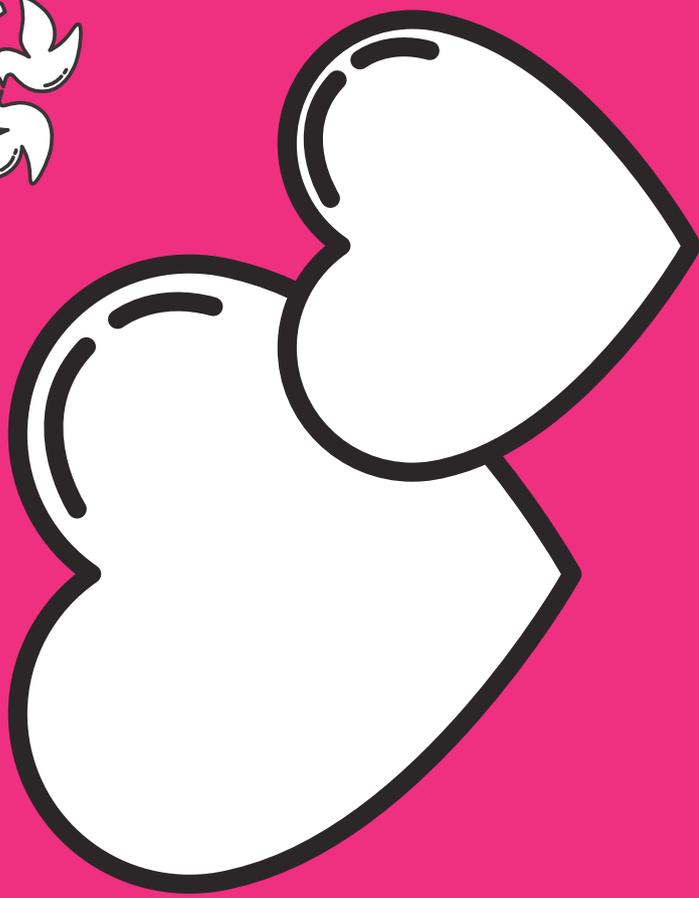
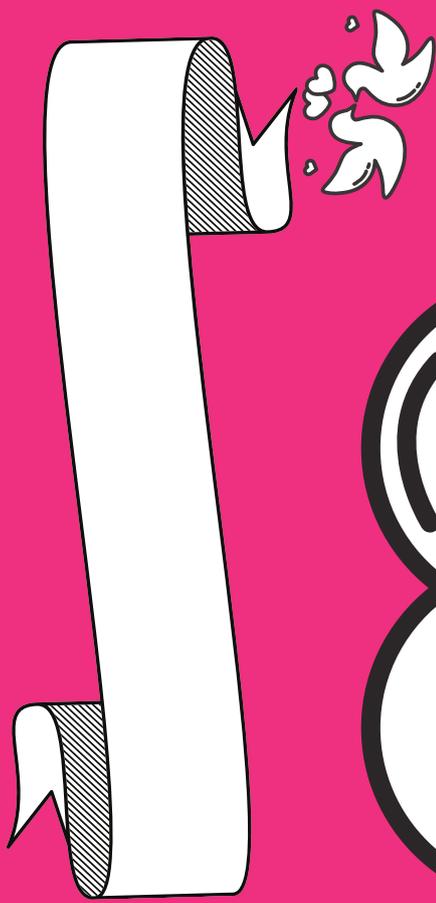
During the 20th Century the custom of giving cards and small gifts on the 14th February spread across the world. In many places Valentine's cards are given not just to show romantic love but also for friendship.

## YOUR ACTIVITY CHALLENGES:

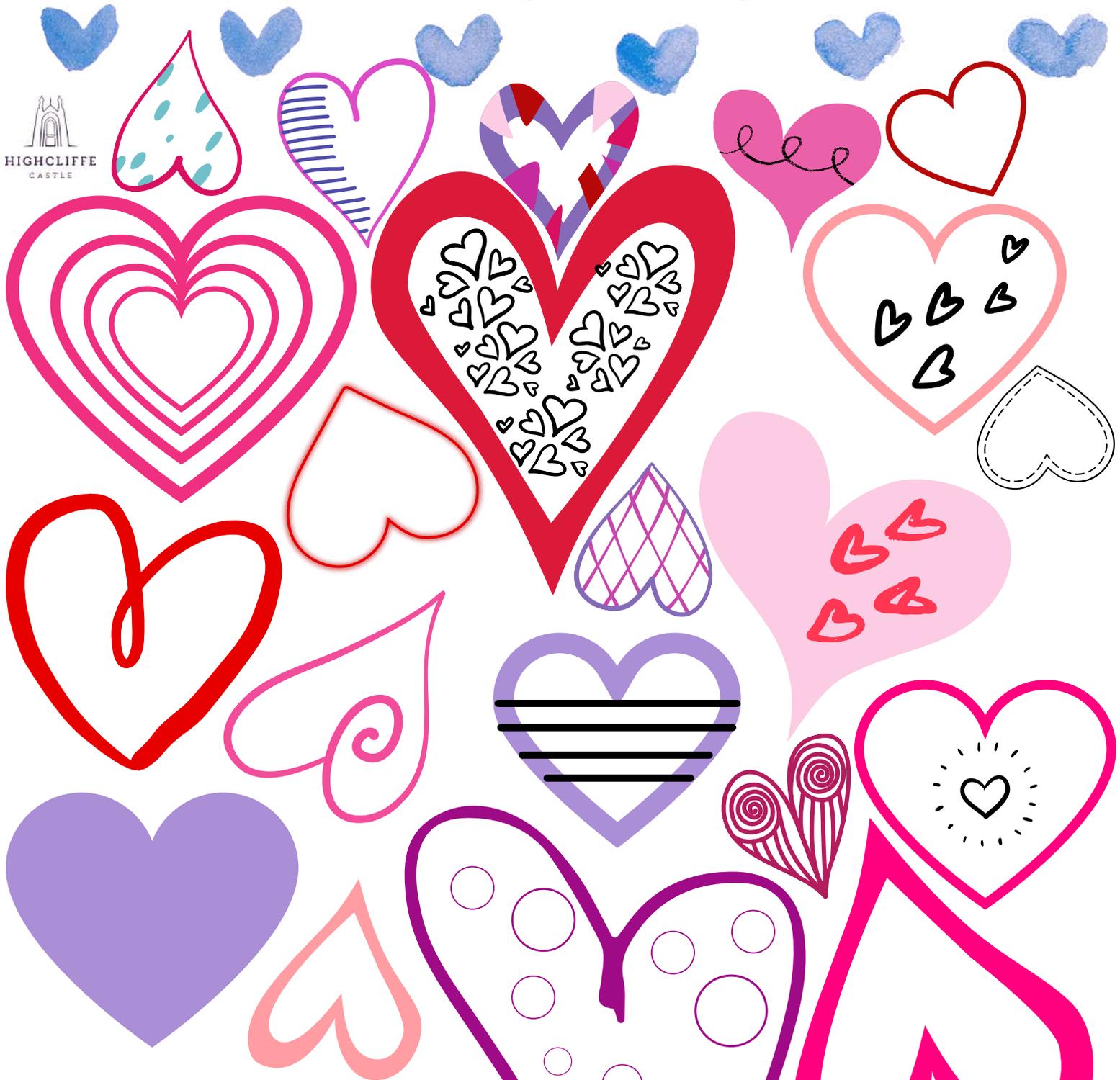
There are 2 templates to choose from.

1. Make a Valentine's card for a loved one. You could choose to make a card for a relative or friend or pet. Don't forget to write your message on the banner.
2. Make a hanging ornament by cutting out the hearts and using a ribbon or piece of string to hang it up.





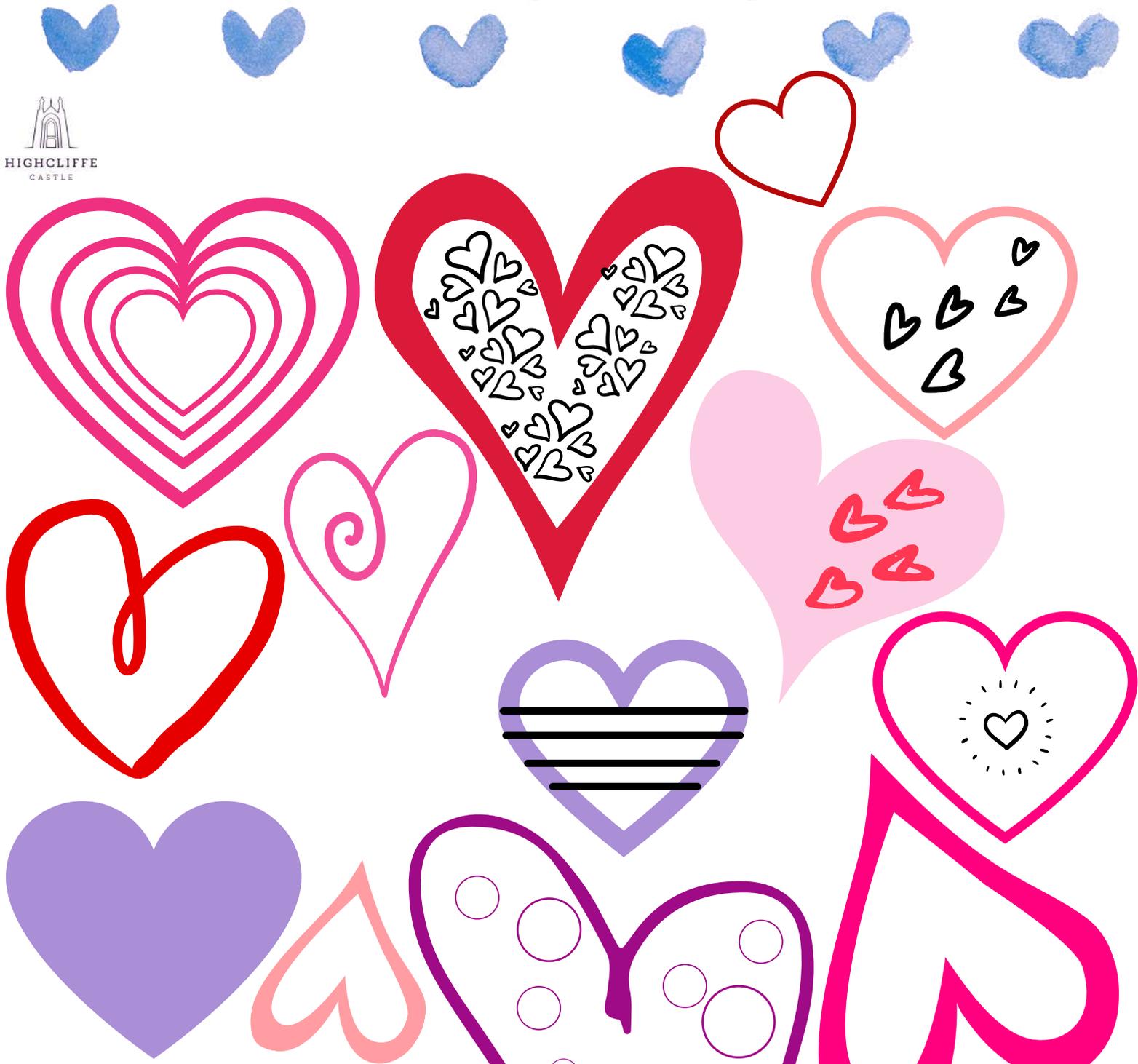
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### How To Make Wreath:

1. Cut a circle out of an old cardboard box (cereal boxes work best)
2. Decorate the hearts on this page then cut out
3. Stick the hearts all round your wreath, making sure it's fully covered
4. Add a ribbon to the back so you can hang it up





### How To Make The Heart Garland:

1. Decorate the hearts on this page then cut out
2. Cut a long piece of ribbon to join your hearts
3. Glue the backs of your decorated hearts to the ribbon with even gaps between each heart.

